

**International Organisation of Physical Therapists in Paediatrics
World Confederation of Physical Therapy
2020-23 Strategic Plan**

Vision: IOPTP will empower physical therapists with an interest in paediatrics to provide effective PT services for children throughout the world

Mission: In order to promote effective services for children (birth into adulthood) and their families throughout the world, the mission of the IOPTP is to:

- ◇ provide professional development;
- ◇ disseminate current resources;
- ◇ develop and disseminate new resources;
- ◇ promote research; and
- ◇ provide opportunities for communication and networking for physical therapists.

Goal 1: To encourage improved standards and consistency of practice in paediatric care by physical therapists

Ref #	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
1A	Identify needs of pediatric physical therapists in member associations <ul style="list-style-type: none"> • Send out surveys 	Practice Committee	2020-23	
1B	Facilitate creation of work groups focused on special interests in practice including: <ul style="list-style-type: none"> • School-based practice (2020) • Infant and early childhood interventions • ICF and health promotion (including Obesity prevention) • Complex Chronic Pain 	Practice Committee in collaboration with Research Committee	2020-23	
1C	Identify resources/practice guidelines for high priority topics identified through the survey. Provide information to membership through posts, publications and presentations. School-based practice <ul style="list-style-type: none"> ○ Create a special issue for IOPTP newsletter about 	Practice Committee/ Research Committee	2020-23 2020	

	<p>school-based work where PTs from at least 4 different member organisations will describe how services are provided in their country and report on initiatives going on in their countries</p> <p>Preterm infants and early intervention</p> <ul style="list-style-type: none"> ○ Identify current resources and/or create best practice principles for neonatal follow-up and early intervention (the first 1000 days/0-3 years of age) <p>Health Promotion</p> <ul style="list-style-type: none"> ○ Develop a speaker panel and submit a proposal for session at 2023 WPT Tokyo “Pediatric Physical Therapy: Global partnerships to promote Physical Activity and Participation ○ Update and add additional resources related to health promotion (including Obesity prevention) 			
1D	<p>Identify resources available through member associations (fact sheets, clinical practice guidelines, and publications) and post on website (topics to include and assessment/evaluation tools)</p> <ul style="list-style-type: none"> • Update Clinical Guidelines posted on IOPTP website • Survey the IOPTP member organisations to determine areas of practice interest and priority topics • Develop a list of the current guidelines most used, designating those that are validated and those that has not been validated • Update repository of validated guidelines 	Practice Committee / Research Committee/ Communication Committee	2020-23	IP – a list of guidelines used in NZ is available, and information has been collected in the SCOOPPP study

Goal 2: To provide programming and education to support practice of paediatric physical therapy.

Ref #	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
2A	<p>Plan programming for WPT conference</p> <ul style="list-style-type: none"> • Identify priority topics, speakers • Focus on topics that engage multiple subgroups • Focus content on WPT priorities • Encourage proposals for posters and presentations • Communicate the importance of delivering content across varied modalities: Indaba, seminars, posters/ e-posters • Work with WPT in appropriate roles (e.g. review abstracts) • Consider developing a poster for the IOPTP booth 	Program Committee in collaboration with the Research Committee	2022-23 for 2023 Congress	
2B	<p>Explore opportunities to partner with other organizations' continuing education conferences</p> <ul style="list-style-type: none"> • Develop Policies and Procedures around roles and conditions of support • Communicate with member organizations and other associations to identify roles and opportunities for partnering, sharing information, identifying state of the art topics and speakers • Communicate with other subgroups and member countries about future programming (dates/focus of conference) • Seek opportunities for collaborative efforts in co-programming at subgroup and member country conferences 	Program Committee with Exec Committee	2020-23	<ul style="list-style-type: none"> • Continue communication with UK to support and participate in their 2021 fall conference (dates changed due to Covid-19)

	planning/programming/financial investment and outcomes			
2C	<p>Identify teaching/educational modules or webinars for academic teaching or continuing education based on high priority topics and disseminate by posting/linking on the IOPTP website (on-line education courses, power points, etc)</p> <ul style="list-style-type: none"> • Identify teaching/educational modules • Determine how to identify and link to existing materials • Determine how to measure relevance and value of existing materials • Clearly designate the materials that are available for a cost or at no cost 	Education Committee with Communications Committee	2020-23	The IOPTP now has contract with MedBridge for online courses at a discounted rate for our members.
2D	<p>Identify and share currently available materials at websites such as CanChild, Pathways, etc.</p> <ul style="list-style-type: none"> • Explore possibility of sharing links to resources on IOPTP websites • Focus on materials for parents and clinicians • Include various mediums (e.g. print, electronic, and video) • Include lists/links to open access journals 	Education Committee /Practice/Communications	2020-23	
2E	<p>Develop list of pediatric physical therapy speakers/faculty who are willing to be a resource for member countries and post on website (research projects and educational programming for priority topics)</p> <ul style="list-style-type: none"> • Use current list of WPT member contacts to request assistance • Review responses from 2017 survey and contact individuals to see if they are currently available and willing to serve in this role • Survey member organisations to identify 	Education Committee	2020-23	

	potential speakers			
2F	<p>Seek and share information on post-entry level programs, residencies and fellowships in pediatric PT</p> <ul style="list-style-type: none"> • Publish information on website the from most recent survey 	Education Committee	2020-23	
2G	<p>Explore opportunities for learning (clinical and academic) and collaborative exchanges for short-term work: students, clinicians, educators, researchers</p> <ul style="list-style-type: none"> • Communicate with individuals responding to 2017 survey who identified interest in collaborating and exploring opportunities plan to link those requesting learning opportunities with mentors • Contact Health Volunteers Overseas, WHO and other agencies which coordinate volunteer opportunities in paediatric physical therapy 	Education Committee	2020-23	
2H	<p>Develop process for mentoring</p> <ul style="list-style-type: none"> • Identify individuals willing to serve members as mentors (clinical, education, or research) • Develop process for linking mentors to learners • Contact leaders of member organizations to ask if they have mentoring process and willing to share ideas to provide a framework to develop the IOPTP process 	Education Committee In Collaboration with Research Committee	2020-23	
2I	<p>Support inclusion of pediatric content in entry level physical education globally</p> <ul style="list-style-type: none"> • Disseminate current essential and recommended content areas to educational programs in IOPTP • Participate in next scheduled revision 	Education Committee	2020-2023	

	<p>process to WPT entry level curriculum guidelines.</p> <ul style="list-style-type: none"> • Develop guidelines for pediatric clinical education standards in entry level education (2021-2023) • Create supplement to current essential and recommended content areas in entry level education with examples of learning strategies in the content areas (2020-2023) 			
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Goal 3: To encourage scientific research and promote opportunities for the spread of knowledge of new developments in the field of paediatric physical therapy

Ref#	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
3A	<p>Organization of research committee</p> <ul style="list-style-type: none"> • Recruit new committee members • Create working groups within the Research Committee • Update and give new information and guidance to members via newsletter and website 	Research Committee	2020	C-New members recruited
			2020-23	
3B	<p>Networking/Collaboration</p> <ul style="list-style-type: none"> • Develop a database of international/inter-country exchange opportunities to build links and projects • Facilitate and report on collaborations between researchers and clinicians e.g. developing research questions, designing projects, and implementing and evaluating interventions, • Promote understanding of the ethics around clinical research to ensure protection of human subjects and patients' records 	Research Committee/ Education Committee/ Practice Committee		

3C	<p>Increase scientific research presentations at IOPTP/WPT meetings</p> <p>School-based group</p> <ul style="list-style-type: none"> • Submit at least two research school-based projects including at least two PTs from different IOPTP member organisations <p>Health promotion and ICF</p> <ul style="list-style-type: none"> • Work with Practice Committee to develop a panel “Pediatric Physical Therapy: Global partnerships to promote Physical Activity and Participation” • To submit at least two ICF-related research projects or manuscripts including at least two pediatric PTs from different IOPTP member organisations 	Research Committee/ Program Committee		
3D	Validate clinical guidelines that have been identified by IOPTP surveys and that have yet to be validated using WPT resource on developing guidelines and AGREE 2 for appraising guidelines.	Research Committee in Collaboration with Practice Committee	2020-2023	
3E	<p>Research Grant (annually)</p> <ul style="list-style-type: none"> • Post call for proposals • Review proposals • Select and award grant for selected proposal 	Research Committee with Communications And Leadership	2020-23	Approved proposal for funding research grant in 2019; awarded in 2019 and 2020

Goal 4: To foster cooperation and advance practice by sharing resources and information

Ref #	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
4A	<p>Update strategies in 2020</p> <ul style="list-style-type: none"> • Communicate what is available and where/how • Seek new and updated information for 	Communications Committee / Website Editor	2019-23	<p>IP: develop and post 2 newsletters per year</p> <p>C: Updated name of open Facebook</p>

	<p>disseminating</p> <ul style="list-style-type: none"> • Post contact information for available resources on the website <ul style="list-style-type: none"> ○ Education resources ○ Online courses ○ Speakers ○ Practice guidelines/documents ○ Post-entry level programs ○ Residencies & fellowships ○ Specialization/certification processes 			<p>page to “Friends of IOPTP”: Monitored regularly to accept new friends and delete inappropriate groups or individuals</p> <p>IP: continuing with official Facebook page for IOPTP Board communication</p>
4B	<p>Provide information through e-blasts to IOPTP member presidents, newsletters and website re: IOPTP activities including:</p> <ul style="list-style-type: none"> • lists of officers, Committee chairs and members, • minutes of meetings, • constitution, • strategic plan, • newsletters 	<p>Communications Committee /Website Editor</p>	<p>ongoing</p>	
4C	<p>Improve Communications with member organisations</p> <ul style="list-style-type: none"> • Send links to each member organization to include in their newsletters and resources • Send Emails to member organizations at time of publication of newsletters with appropriate links • Use Facebook as means of distributing information about IOPTP to members and potential members • Committee members post other resources 	<p>Communications Committee / Website Editor</p>	<p>ongoing</p>	
4D	<p>Identify individuals to respond to or initiate postings on the website, listserv, Facebook or other social media related to specific areas, i.e. research, teaching, interventions, practice settings</p>	<p>Communications Committee with IOPTP Board</p>		<p>IP: Seeking individuals to take these roles</p>
4E	<p>Represent pediatric physical therapy internationally by providing advice/expertise to relevant bodies (e.g. WHO, UN) via WPT when requested</p>	<p>Executive Committee</p>	<p>Upon request or identified opportunity</p>	

4F	Update and expand communication on webpage and other platforms		2020	IP: New webpage created at www.ioptp.org and used for communication
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Goal 5: To assist WPT member organizations in initial and ongoing development of paediatric groups

Ref #	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
5A	Provide information for forming and recognizing sub-sections in Pediatrics; post on website and include in newsletter	Exec Committee with Communications Committee	2020-23	5 new member organizations in 2019
5B	Explore ways to coordinate and support activities of IOPTP member organizations in IOPTP and WPT activities	Exec Committee	2020-23	

Goal 6: To Facilitate Interactions and Collaborations between the IOPTP and other World Physiotherapy Subgroups/ External Organizations

Ref #	Strategy	Responsible Party	Target Date	Status: IP=in process, D= deferred, C=complete Comments
6A	Explore and foster opportunities for interactions and facilitate collaborations between the IOPTP and other World Physiotherapy subgroups in the areas of clinical practice, education, research, and advocacy.	Exec Committee with Communications Committee	2020-23	
6B	Explore ways to increase collaborations between the IOPTP and external organizations that address pediatric physical therapy interests.	Exec Committee	2020-23	

Goal 7: To Facilitate Interactions and Collaborations between Committees of the IOPTP

Communications Committee and Program Committee will have ongoing collaborations with all committees, but specific collaborations are identified in this Goal.

1B	<p>Facilitate creation of work groups focused on special interests in practice including:</p> <ul style="list-style-type: none"> • School-based practice (2020) • Infant and early childhood interventions • ICF and health promotion (including Obesity prevention) • Complex Chronic Pain 	Practice/Research	2020-2023	
1C	<p>Identify resources/practice guidelines for high priority topics identified through the survey. Provide information to membership through posts, publications and presentations.</p> <p>School-based practice</p> <ul style="list-style-type: none"> ○ Create a special issue for IOPTP newsletter about school-based work where PTs from at least 4 different member organisations will describe how services are provided in their country and report on initiatives going on in their countries <p>Preterm infants and early intervention</p> <ul style="list-style-type: none"> ○ Identify current resources and/or create best practice principles for neonatal follow-up and early intervention (the first 1000 days/0-3 years of age) <p>Health Promotion</p> <ul style="list-style-type: none"> ○ Develop a speaker panel and submit a proposal for session at 2023 WPT Tokyo “Pediatric Physical Therapy: Global partnerships to promote Physical Activity and Participation 	Practice/Research/Communication	2020-2023 2020	

	<ul style="list-style-type: none"> ○ Update and add additional resources related to health promotion (including Obesity prevention) 			
1D	<p>Identify resources available through member associations (fact sheets, clinical practice guidelines, and publications) and post on website (topics to include and assessment/evaluation tools)</p> <ul style="list-style-type: none"> • Update Clinical Guidelines posted on IOPTP website • Survey the IOPTP member organisations to determine areas of practice interest and priority topics • Develop a list of the current guidelines most used, designating those that are validated and those that has not been validated • Update repository of validated guidelines 	Practice/Research	2020-2023	
2D	<p>Identify and share currently available materials at websites such as CanChild, Pathways, etc.</p> <ul style="list-style-type: none"> • Explore possibility of sharing links to resources on IOPTP websites • Focus on materials for parents and clinicians • Include various mediums (e.g. print, electronic, and video) • Include lists/links to open access journals 			
2H	<p>Develop process for mentoring</p> <ul style="list-style-type: none"> • Identify individuals willing to serve members as mentors (clinical, education, or research) • Develop process for linking mentors to learners • Contact leaders of member organizations to ask if they have mentoring process and willing to share ideas to provide a framework to develop the IOPTP process 	Education/Research		

3B	<p>Networking/Collaboration</p> <ul style="list-style-type: none"> • Develop a database of international/inter-country exchange opportunities to build links and projects • Facilitate and report on collaborations between researchers and clinicians e.g. developing research questions, designing projects, and implementing and evaluating interventions. • Provide education regarding ethics in research and practice <p>Promote understanding of the ethics around clinical research to insure protection of human subjects and patients' records</p>	Research/Education /Practice	2020-2023	
3D	Validate clinical guidelines that have been identified by IOPTP surveys that have not been validated using WPT resource on developing guidelines and AGREE 2 for appraising guidelines.	Research Committee in collaboration with Practice Committee	2020-2023	